

Baseball Jersey Sizing Chart

Use these charts to help determine which jersey size will best fit you. All measurements are represented in inches unless otherwise noted.

Adult Sizing	
Jersey/Shirt Size	Chest (inches)
Medium	38 - 40
Large	42 - 44
X Large	46 - 48
XX Large	50 - 52

Youth Sizing	
Jersey/Shirt Size	Chest (inches)
Small (6 - 8)	24 - 26
Medium (10 - 12)	28 - 30
Large (14 - 16)	32 - 34
X Large	36 - 38

Sizing Tips

Use these tips as a general guide when finding your measurements:

1. Chest/Bust: With your arms at your sides, measure around the fullest part of your chest, across shoulder blades and under arms.
2. Waist: To measure your natural waistline, wrap the tape so it intersects your navel. Keep tape flat, but comfortably loose.
3. Hips: Stand with your heels together and measure the fullest part of your hips, keeping the measuring tape level and parallel to the floor, front, and back.
4. Inseam: Stand up straight, and start tape measure high in your crotch. Straighten the tape down the inside of your leg to the top of your shoe/foot.